



Czech Republic,
Poland,
Slovak Republic

3* National Championships 2012

Ostrava / Czech Republic
December 16 – 17, 2011

ANNOUNCEMENT

1. GENERAL REGULATIONS

3* NATIONALS 2012 are organized by the Czech Figure Skating Association ("CFSA") and the Figure Skating club BK LR Cosmetic Ostrava ("OC") and are conducted in accordance with the ISU Constitution and General Regulations 2010, the Special Regulations & Technical Rules Single & Pair Skating and Ice Dance 2010, and the relevant ISU Communications.

Participation in 3*NATIONALS 2012 is open to all Competitors who were nominated and entered by Czech Figure Skating Association, Polish Figure Skating Association ("PFSA") or Slovak Figure Skating Association ("SFSA") under their specific rules for nationals nominations. In special circumstances under the confirmation of the CFSA Board participants from other ISU Members should be accepted if space available.

2. TECHNICAL DETAILS

SENIOR MEN

- Short Program The required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2010 Rule 511, paragraphs 1 and 2 for 2011/12 and all pertinent ISU Communications
- Duration: 2 min., 50 sec. maximum, but may be less
- Free Skating In accordance with ISU Technical Rules Single & Pair Skating 2010, Rule 512 and all pertinent ISU Communication. Special attention should be paid to the "well balanced program" and the element value.
- Duration: 4.30 min., +/- 10 sec.

SENIOR LADIES

- Short Program The required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2010 Rule 511, paragraphs 1 and 2 for 2011/12 and all pertinent ISU Communications.
- Duration: 2 min., 50 sec. maximum, but may be less
- Free Skating In accordance with ISU Technical Rules Single & Pair Skating 2010, Rule 512 and the respective ISU Communication. Special attention should be paid to the "well balanced program" and the element value.
- Duration: 4 min +/- 10 sec.

SENIOR PAIRS

- Short Program The required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2010, Rule 521, paragraphs 1 and 2 for 2011/12 and all pertinent ISU Communications.
- Duration: 2 min., 50 sec. maximum, but may be less
- Free Skating In accordance with ISU Technical Rules Single & Pair Skating 2010, Rule 520 and the respective ISU Communication. Special attention should be paid to the "well balanced program" and the element value.
- Duration: 4 min., +/- 10 sec.

SENIOR ICE DANCE

- Short Dance In accordance with ISU Technical Rules Ice Dance 2010, Rule 609
And all pertinent ISU Communications.
- Duration: 2 min., 50 sec., +/- 10 sec
- Free Dance In accordance with ISU Technical Rules Ice Dance 2010, Rule 610
and all pertinent ISU Communications. For the values of the required
elements and components see the respective ISU Communications.
- Duration: 4 min. +/- 10 sec.
- ISU Technical Rules Ice Dance 2010, Rule 610 paragraph 2 (well
balanced program and required elements) and the relevant ISU
Communications must be observed.

JUNIOR ICE DANCE

- Short Dance In accordance with ISU Technical Rules Ice Dance 2010, Rule 609
And all pertinent ISU Communications.
- Duration: 2 min., 50 sec., +/- 10 sec
- Free Dance In accordance with ISU Technical Rules Ice Dance 2010, Rule 610
and all pertinent ISU Communications. For the values of the required
elements and components see the respective ISU Communications.
- Duration: : 3 min., 30 sec., +/- 10 sec.
- ISU Technical Rules Ice Dance 2010, Rule 610 paragraph 2 (well
balanced program and required elements) and the relevant ISU
Communications must be observed.

ADVANCED NOVICE ICE DANCE:

- Two (2) Pattern Dances
In accordance with ISU Technical Rules Ice Dance 2010, Rule 108,
paragraph 2, ISU Communication 1649 Figure Skating Novice
Guidelines 2010 and all pertinent ISU Communications.
- Free Dance In accordance with ISU Technical Rules Ice Dance 2010, Rule 610
shall apply except that vocal music is not permitted,
ISU Communication 1649 Figure Skating Novice Guidelines 2010 and
all pertinent ISU Communications. For the values of the required
elements and components see the respective ISU Communications.
- Duration: : 3:00 min., +/- 10 sec.
- ISU Technical Rules Ice Dance 2010, Rule 610 paragraph 2 (well
balanced program and required elements) and the relevant ISU
Communications must be observed.

ADVANCED NOVICE PAIRS:

Free Skating only

The required elements to be skated are those listed in the ISU Communication No. 1649

Duration: : 3:30 min., +/- 10 sec.

3. ENTRIES

3.1 Entries by Number

Entries the number of Skaters/Couples in the disciplines concerned for all events have to be submitted to CFSA and OC by **November 1, 2011** at the latest

3.2 Entries by Name

3.2.1 Entries of Competitors

Entries by names must be made simultaneously to

CZECH FIGURE SKATING ASSOCIATION
e-mail: cfsa@czechskating.org

and to:

Stanislav ZIDEK,
OC President
e-mail: szidek@volny.cz

not later than **December 6, 2011**.

3.2.2 Entries of Referees, Judges and Technical Panel Members ("TPM")

Each participating country will receive quotas for each category concerned by October 15th, 2011. The confirmation of availability has to come back to CFSA by October 30th, 2011.

Entries of Referees, Judges and TPM by names must be made simultaneously to

CZECH FIGURE SKATING ASSOCIATION
e-mail: cfsa@czechskating.org

and to:

Stanislav ZIDEK,
OC President
e-mail: szidek@volny.cz

not later than **December 6, 2011**.

4. MEALS, LODGING and TRAVEL EXPENSES

Each participating country is responsible for all accommodation, meals and travel expenses of its own Referees, Judges and Technical Panel members as well as Competitors, Coaches and all other Team Members. OC is only providing small refreshment during the competition for those officials in duty.

OC will offer accommodation and meals on special prices if being booked via the OC:

Hotels

The "Park Inn Ostrava" (Hornoplní 3313/42, CZ-702 00 Ostrava)

It offers 60 rooms for its guests (single and double rooms, suites) together with a restaurant, bar, fitness and small swimming pool. In addition, two Congress Halls (for 60 and 250 persons) and several meeting rooms for up to 20 people are available.

Prices per night:

Single room: 1.000,- CZK

Double room: 1.400,- CZK

OC will be providing shuttle bus between Hotel Park Inn and the Ice Rink FREE OF CHARGE.

The "Hotel Sport Club" – the number of rooms is limited (mainly reserved for organizers)

The hotel is a part of the Venue. It offers two kinds of accommodation with the limited capacity.

level I - twin bed rooms with bathroom, toilet and TV

level II – 3 to 5 bed rooms with bathroom and toilet

Prices per night:

Single room: 500,- CZK

Double room: 1.000,- CZK

The "Hotel Garni, VSB-TU Ostrava"***

Studentská 1770, 700 32 Ostrava-Poruba

The hotel is a walking distance from the ice rink (app. 10 to 15 minutes walk).

It offers double bed rooms with bathroom and toilet.

Prices per night:

Single room: 670,- CZK

Double room: 840,- CZK

Meals:

Served at the Sport Club Restaurant (part of the Ice Rink) - Special Menu.

Lunch: 90,-CZK

Dinner: 90,-CZK

Final order has to be sent to:

Stanislav ZIDEK,
OC President
e-mail: szidek@volny.cz

not later than **December 9, 2011.**

5. VENUE AND PRACTICES

The Practice and Competition arena SAREZA is situated in Ostrava – Poruba, Čkalovova street 20/6144. The Main Rink (Rink I) is an indoor ice-rink with the ice surface of 60 x 30 m, air-conditioned and heated, the practice rink (Rink II) is an indoor ice-rink with the ice surface of 60 x 30 m. Official practices for Competitors begin on **Friday, December 16, 2011 – 06:30**. The detailed schedule will be available at the time of the registration.

6. MUSIC / PLANNED PROGRAM CONTENT

All Competitors shall submit competition music of an excellent quality on CD or MD format. All discs must show the Competition event, Competitor's name, the Nation and the exact running time of the music (not skating time) including any starting signal and must be submitted at the time of registration. Each program (short program, free skating, short dance, free dance) must be recorded on a separate disc.

With the entry forms, the "Program Content Sheet" must be returned to CFSA and the OC in time. It is mandatory that the Program Content Sheet must be filled in precisely by each Skater/team in English using the terminology for the elements listed in the respective ISU Communication.

7. ACCREDITATION

The official accreditation can be received at the **Park Inn Hotel Ostrava** upon arrival.

Accreditation as a Team Member will be given to all entered Event Officials, Judges, Competitors and one Team-Leader per participating team, one Coach per Competitor and a maximum of five Team Officials.

Chaperons/Parents will not receive accreditation. The Team Leader may request "bus permits" for the officially registered Chaperons to join the official shuttle bus system of the OC.

8. RESULTS

The marking system (ISU Judging System) as described in ISU Technical Rule Single & Pair Skating 2010, Rule 352 and Rule 353 (Determination and publication of results) will be used.

9. PRESENTATION OF MEDALS

The three best placed Skaters/Couples in each event will be announced and honoured. Gold, silver and bronze medals will be presented to the medallists. The national anthem of the winner will be played and the flags of the medal winners hoisted.

The Victory ceremony for the best three placed Skaters/Couples in each Member's national championships will be organized off-ice by Members themselves. OC should provide the podium.

10. INSURANCE / LIABILITY

It is the sole obligation of each Member participating to provide medical and accident insurance for their athletes, officials and all other members of the Member's team. Such insurance must assure full medical attendance and also the return of the ill or injured person to the home country by air transport or by other expeditious. It is an internal matter of each ISU Member to decide the issue who shall pay the premium for such insurance.

The CFSA and OC assumes no responsibility for or liability with respect to bodily or personal injury or property damage incurred in connection incurred by Competitors and Officials.

11. EXHIBITION

There will be Exhibition held for the winners and the second best skaters/couples of 3*Nationals immediately after the Victory Ceremony. Exhibition programs are welcomed.

12. ROUND TABLE DISCUSSIONS

There will be no Round Table Discussions held.

20. EVENT SCHEDULE

Thursday, December 15, 2011

15,00 – 17,45	Arrival of Participants, Accreditation (Park Inn Hotel Ostrava)
18,00	Opening Ceremony and Draw of Starting Orders (PLATANUS hall in Park Inn Hotel Ostrava)

Friday, December 16, 2011

Practices, Rink I:

06,30 – 07,00	Advanced Novice Ice Dance
07,00 – 07,30	Junior Ice Dance (Group I)
07,45 – 08,15	Junior Ice Dance (Group II)
08,15 – 08,45	Senior Ice Dance
09,00 – 09,30	Advanced Novice Pairs
09,30 – 10,00	Senior Ladies (Group I)
10,10 – 10,40	Senior Ladies (Group II)
10,50 – 11,20	Senior Pairs (Group I)
11,30 – 12,00	Senior Pairs (Group II)
12,10 – 12,40	Senior Men (Group I)
12,40 – 13,10	Senior Men (Group II)

Practices, Rink II:

18,15 – 18,45	Junior Ice Dance (Group I)
18,45 – 19,15	Junior Ice Dance (Group II)
19,30 – 20,00	Senior Ice Dance

12,00 Initial Judges Meeting and Draw (Ice Rink Sareza)

13,30 – 14,00	Advanced Novice Ice Dance	Pattern Dances
14,10 – 15,10	Junior Ice Dance	Short Dance
15,20 – 15,50	Senior Ice Dance	Short Dance
16,00 – 16,30	Advanced Novice Pairs	Free Skating
16,40 – 18,15	Senior Ladies	Short Program
18,30 – 19,15	Senior Pairs	Short Program
19,30 – 21,15	Senior Men	Short Program
21,30 – 22,00	Advanced Novice Ice Dance	Free Dance

Saturday, December 17, 2011

Practices, Rink I:

06,30 – 07,00	Senior Ladies	(Group I)
07,00 – 07,30	Senior Ladies	(Group II)
07,45 – 08,15	Senior Pairs	(Group I)
08,15 – 08,45	Senior Pairs	(Group II)
09,00 – 09,30	Senior Men	(Group I)
09,30 – 10,00	Senior Men	(Group I)

Competition:

10,15 – 12,00	Junior Ice Dance	Free Dance
12,15 – 13,00	Senior Ice Dance	Free Dance
13,15 – 15,00	Senior Ladies	Free Skating
15,15 – 16,15	Senior Pairs	Free Skating
16,30 – 19,00	Senior Men	Free Skating

19,20 **3*Nationals Victory Ceremony On Ice**

20,15 **Exhibition of 3*Nationals Gold and Silver Medals holders**
(of all senior categories)